

Further to physical distancing, proper hand washing and sanitation of truck (handles, cab, seats, etc.), drivers are now asking about safety steps to be taken when they go home to their families. We have created recommendations to help prevent the spread of COVID-19.

TIP SHEET: COMING HOME FROM THE ROAD

If it doesn't have to leave the truck, leave it in the truck.

After your post-trip inspection:

- Decontaminate any high touch areas or equipment you used with soap and water or disinfecting wipes.
- Remove work clothes in a pre-identified place, such as inside your garage, in a tent in the yard, or a room in your house that isn't used for another purpose.
 - This would include footwear such as boots or shoes used during the work shift.
- Bag clothes and keep in the bag until they can be laundered.
- Launder your work clothes every day
- Prior to putting on clean clothes and shoes wash thoroughly or shower.
- If you must bring anything in the residence, sanitize it first or immediately wash items like lunch kits, water bottles, travel mugs etc.

